

The Open University of Sri Lanka

Continuing Medical Education (CME) / Continuing Professional Development (CPD) for General Medical Practitioners.

**Cardiovascular Health (CME5201)
Men's Sexual & reproductive Health (CME5202)
Old Age Psychiatry (CME5203)**

Online

Via

***The National Online Distance Education Service (Nodes)
2010***

**Department of Health Sciences,
Faculty of Natural Sciences
The Open University of Sri Lanka
P.O. Box 21, Nugegoda
Phone – 2881325, 2881355, 2881075
Fax - 2823921
www.ou.ac.lk**

INTRODUCTION

Continuing Medical Education Courses (CME Courses) for General Medical Practitioners under the Continuing Professional Development (CPD) Programme of the Open University of Sri Lanka (OUSL), is the first web based Distance Education programme in the field of Medicine by the OUSL.

The CME Courses in the CPD programme are designed for all doctors engaged in primary care delivery who wish to be updated on the latest developments in Medicine, but are unable to attend traditional CME / CPD conducted by various professional medical organizations. This programme allows you to be updated in the latest advances in the topic of your choice at a pace that suits your time schedule.

COURSES OFFERED IN 2010

CME5201**	Cardiovascular Health
CME5202**	Men's Sexual & Reproductive Health
CME5203*	Old Age Psychiatry

CERTIFICATE OF COMPLETION

Successful completion will entitle candidates to:

- A joint CPD certificate of successful completion from OUSL and Monash University, Australia. **
- A certificate of successful completion from OUSL *
- Entitlement for CPD points from the National Centre for CPD in Medicine with which these courses are accredited.

DATE OF COMMENCEMENT – March 2010

COURSE CONTENT

CME5201 Cardiovascular Health

- Session 1 - Hypertension
- Session 2 - Chest Pain
- Session 3 - Atrial Fibrillation
- Session 4 - Heart Failure
- Session 5 - Syncope
- Session 6 - Interpretation of ECG

Face-to-face workshop on Cardiopulmonary Resuscitation (CPR) and recording of an ECG

CME5202 Men's Sexual and Reproductive Health

- Session 1 - Androgens
- Session 2 - Male Infertility
- Session 3 - Erectile Dysfunction
- Session 4 - Sexually Transmitted Infections in Males
- Session 5 - Benign Prostate Disease
- Session 6 - Prostate Cancer
- Session 7 - Testicular Tumours

CME5203 Old Age Psychiatry

- Session 1 - Epidemiology and Principles of Service Delivery
- Session 2 - Principles of Psychiatric Assessment of Older Patients
- Session 3 - Family Assessment in Ageing Families
- Session 4 - Assessment and Management of Mood Disorders
- Session 5 - Dementia
- Session 6 - Anxiety Disorders and Somatoform Disorders
- Session 7 - Psychiatric and Behavioural Disturbances in the Nursing Home
- Session 8 - Psychological Treatments in the Elderly
- Session 9 - Schizophrenia and other Psychotic Disorders
- Session 10 - Psychiatric Disorders and Physical Illness.
- Session 11 - Personality Disorder
- Session 12 - Substance and Alcohol Abuse in The Elderly

COURSE TEAM

Course Director / Tutor Mentor - Dr. Nandani de Silva
MBBS (Cey.), DCH, DFM, MD (Col.), FCGP (SL)
Consultant Family Physician /
Retired Senior Professor of Family Medicine,
University of Kelaniya &
Former Vice Chancellor, OUSL

Resource Persons

CME 5201	Cardiovascular Health	Dr. Godwin Constantine MBBS MD(Col) MRCP Consultant Cardiologist & Senior Lecturer in Medicine, University of Colombo
CME 5202	Men's Sexual Health and Reproductive Health	Dr. Ajith Malalasekera MS(Col), MRCS (Lond) Consultant Urological Surgeon & Senior Lecturer in Anatomy, University of Colombo Dr. Srinath Chandrasekera MB MS FRCS FEBU Consultant Urological Surgeon & Senior Lecturer in Surgery, University Surgical Unit, Colombo South Teaching Hospital Dr. Sujatha Samarakoon MBBS (Cey.), MSc, MD, Dip GUM (London) Senior Consultant Venereologist, National STD/AIDS Control Programme, Ministry of Healthcare and Nutrition
CME 5203	Old Age Psychiatry	Dr. Shehan Williams MBBS, MD(Psychiatry), MRCPsych Consultant Psychiatrist & Senior Lecturer in Psychiatry, University of Kelaniya

COURSE DETAILS

Each Course will amount to 1/3 credit which equates to 6 credit points according to conventional universities and 150 hours of study time. Learners should be prepared to devote a minimum of 6-8 hours of study time per week. All study material, discussions, assignments, feedback and assessments will be web based.

Discussion forums will enable teacher - learner interaction as well as learner – learner interaction. A minimum of two discussion forums will be observed by the tutor for learner – learner interaction and marks given for degree of participation. Learners are expected to carry out activities and maintain an online learning portfolio / reflective journal. A pass in the journal is a requirement for successful completion of the course.

There will be an orientation programme on the first day of the course which all registrants are expected to attend. There will be one face-to-face session during the Cardiovascular Health course for skills development which is compulsory.

LEARNER SUPPORT

A tutor mentor and moodle administrator will be available to support the learner online and via e mail throughout the learning process.

COURSE ASSESSMENT AND EVALUATION

You will be assessed from time to time during the course. Such Continuous Assessments are based on assignments, required to be submitted online at the end of each session. The assignments will comprise any one of the following:- MCQs, essays, case studies, objective structured practical examination (OSPE) etc. The marks of all assignments and discussion forums will be considered in computing the overall mark. An overall mark of 60% and a pass grade in the journal would be necessary for successful completion of the course.

COURSE DELIVERY

The CME courses will be delivered entirely online using the software interface known as MOODLE (Modular Object Oriented Dynamic Learning Environment). Therefore the primary requirement for successful participation will be having access to a reliable and efficient internet connection. You could access the lessons from your home computer if you have an ADSL line. Access could also be obtained via the National Online Distance Education Service (NODES). This service is available via Nodes Access Centres (NACs) located in the regional and study centres of the OUSL.

**NATIONAL ONLINE DISTANCE EDUCATION SERVICE (NODES) ACCESS
CENTRES (NACS)**

Code	CName	Code	CName
C010	COLOMBO	K150	POLONNARUWA
J060	JAFFNA	K120	BADULLA/BANDARAWELA
K030	KANDY	M040	GALLE
M050	MATARA	K140	KEGALLE
M041	AMBALANGODA	M180	MONARAGALA
K080	AMPARA	J160	VAVUNIYA
K110	ANURADHAPURA	J170	TRINCOMALEE
C130	RATNAPURA	K122	HATTON
K070	BATTICALOA	M051	HAMBANTOTA
C020	KALUTARA	C200	GAMPAHA
C100	KULIYAPITIYA	C135	PUTTALAM
K090	KURUNEGALA		

ADMISSION REQUIREMENTS

You are required to have the MBBS degree or equivalent and full registration with the Sri Lanka Medical Council under Section 29 of the Medical Ordinance.

COURSE FEES

The course fee will range between Rs. 20,000/- to Rs.30,000 per course. Full payment will be required at registration.

APPLICATION PROCESS

Procedure to be followed if you have collected the application form from OUSL centre by paying the fee of Rs.500/=-:

The completed application & questionnaire together with copies of the certificates and the post card* provided, should be posted to the address given below.

The Information System Manager
The Open University of Sri Lanka
P.O. Box 21, Nawala,
Nugegoda.

*Please write your address in the relevant place of the Post Card and affix a stamp

Procedure to be followed if you have downloaded the application form from OUSL website :-

The completed application & questionnaire together with copies of the certificates should be hand delivered to one of the following OUSL centres by the closing date. OUSL centres – Colombo (Nawala), Kandy (Polgolla), Matara (Nupe), Jaffna, Anuradhapura or Batticaloa. On submission of the completed application, a processing fee of Rs. 500/= will be charged and a number that will identify your application will be given to you. A receipt will be issued after submission of application.

PLEASE NOTE THE FOLLOWING:-

- Course participants must possess a medical degree (MBBS or equivalent)
- A copy of the Sri Lanka Medical Council Registration Certificate should be submitted with the application.
- As the three courses will overlap, only one course should be applied for during one academic year.
- Number of places are limited. If number of applications exceeds the places available, selection will be based on active clinical practice and length of clinical experience. (Please complete the Questionnaire annexed to the application form)

CONTACT PERSON/S

Course Director – Dr. Nandani de Silva
E mail : ndsil@ou.ac.lk
Telephone : 2881075 Fax – 2806577

Head/ health Sciences – Mrs. Hemamala Vithanarachchi
E mail : slvit@ou.ac.lk
Telephone : 2823921/ 2881325
Website – www.ou.ac.lk

INSTRUCTIONS TO FILL THE APPLICATION FORM

This application form is a common application form for all programmes and courses of the OUSL. Please follow the instructions given and fill the application form accordingly.

A – PROGRAMME CHOICE

A1 – Programme Code

S	M	0	0
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A2 - Academic Year

2	0	1	0
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 /

1	1
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A3

C	o	n	t	i	n	i	n	g	M	e	d	i	c	a	l	E	d	u	c	a	t
i	o	n	C	o	u	r	s	e	s	f	o	r	G	e	n	e	r	a	l	M	e
d	i	c	a	l	P	r	a	c	t	i	t	i	o	n	e	r	s				

A4 – Are you currently a registered student at OUSL. Tick (√) in appropriate box.

Yes No

A5 – If applicable, write your current OUSL Student Registration Number.

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A6 – If applicable, write your previous OUSL Student Number.

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A7 – Refer the list in the brochure to select the OUSL centre of your choice and enter the relevant code number. If you have a computer and an ADSL line at home or at work you need not go to the NAC but it would be necessary to indicate your preference for administrative purposes.

1. Colombo centre

C	0	1	0
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 2. Kandy centre

K	0	3	0
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A8 – Please place a (√) in box marked English

English Sinhala Tamil

C4 – RELEVANT PROFESSIONAL QUALIFICATIONS

MBBS or equivalent - Identify the relevant code for your qualification and enter under qualification code. Identify the code for the institution and enter in relevant box. Enter the year of qualification in the appropriate box. Leave the last box blank as it is not applicable Please attach copy of your certificate (MBBS or equivalent)

Qualification Code

Other Degrees	0	1
Other Post Graduate Diplomas	0	2

Institution Code

National Universities of Sri Lanka	N	U	S
Sri Lanka Medical Council	S	M	C
Post Graduate Institute of Medicine	P	G	M
Other Institutions	0	T	H

D – WORK EXPERIENCE

D1 – Status – Tick (✓) in appropriate box

Employed Unemployed Self Employed

D2 – Write the name of the organization and the title / designation in the appropriate boxes and enter the relevant dates. Ignore the boxes for codes

Org. Code	Name of Organization	Title Code	Title/Designation	(DD/MM/YY)
1. <input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
2. <input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
3. <input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>

E – SELECTION TEST – Leave Blank as it is not applicable. Selection is based on your clinical experience and clinical practice. Therefore please fill the questionnaire attached to the application form.

F – DECLARATION OF APPLICANT

Read declaration carefully, fill in the date in the relevant boxes and place your signature in the relevant place.

D	D	M	M	Y	Y	Y	Y
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(DD/MM/YY)

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Signature

Questionnaire to be filled by applicants for CPD online courses for General Medical Practitioners

Please mark "X" in appropriate boxes.
Please answer all questions.

1. Please indicate your place of work

State Sector

Private Sector

State + Private Sector

2. Nature of private practice

Full time

Part Time

3. Year of registration with the Sri Lanka Medical Council

4. Number of years in clinical practice

<3 yrs

3-5yr

6- 10yrs

11-20yr

>21yrs

5. Average number of patients seen per week in your practice

10-30

31- 60

61-100

>100

6. Profile of patients in your practice
(Mark X in all relevant boxes)

Adult males

Adult females

Children and teenagers

Elderly

7. Do you maintain medical records for your patients?

(If you are maintaining only a "prescription" as a medical record, please mark X in No box)

Yes

No